REPORT OF OBSERVANCE OF BREAST FEEDING WEEK: 7-08-2024

NSS conducted an awareness program for mothers in the community setting .The program was conducted at High tech Anganwadi based on the theme closing the gap: Breastfeeding support for all the program was useful and expelling such sessions in future also .The students showed them leadership quality to make this program sucessful.



REPORT ON CELEBRATION ON 78th INDEPENDENCE DAY: 15-08-2024.

Mar Baselios College of nursing proudly celebrated India's 78th independence day on August 15. MBMM vice president hosted the flag. Students and staffs sang the national anthem. Cultural program by the students were occured and the program ended 10 am.



REPORT ON ONE DAY WORKSHOP ON AI IN E D U C A T I O N T R A N S F O R M I N G TEACHING AND CEREMONY - 28 -08-24

One day workshop held on 28 -08-24 .In session was taken by Mrs Rosna .P. Hwoon. And pratical session led by Mrs Nerjahan V.A department of AI and cyber security Ilahea college of Engineering and Technology mulavoor .The session was interesting and ended up at 4 pm.



REPORT ON TEACHERS DAY CELEBRATION 05.09.2024

On 05.09.2024 Mar Baselios College of Nursing celebrated Teachers day and all the teachers are given with funny tasks and surprises by the college union.



REPORT ON CAREER GUIDANCE SESSION BY OROMAHACADEMY-9-09-24

On September 9-09-24 OROMAH ACADEMY the international language school hosted a career development session for final year nursing students focusing on the German language and its relevance in the healthcare sector.



REPORT OF OFFICIAL MEETING ON GREEN PROTOCOL-10-09-2024

The Nss volunteers program officer teachers was attended a meeting held at marthomacheriyapalli auditorium on 10/09/24 as a part of green protocol.



REPORT ON CAREER GUIDANCE SESSION BY LANSTITUT: 11-09-24

On September 11-09-24 LANSTITUT the international language school hosted a career development session for final year nursing students focusing on the German language and its relavence in the healthcare sector



REPORT ON SWACHHATA HI SEVA: 23-09-24.

ON 23-09-24 as the part of the SwachtaHi Seva 2024 campaign 50 NSS volunteer from Mar Baselios College of nursing embarked on a walk from GH hospital Thankalam to Marthoma cheriyapalli kothamangalam. The mission of the campagin was to spread awareness about the importance of adhering to Green protocol during the kani 20 perunal celebration.



REPORT ON ANTIRAGGING AWARENESS PROGRAM - 26-09-2024

An awareness programme was arranged for the senior students of Mar Baselios College of nursing on 26/09/2024 as we are expecting the new batch students of Bsc Nursing course during the month of October. The session started at 2pm and ended at 4 pm.



REPORT ON OBSERVATION ON WORLD HEART DAY: 27-09-2024

The world heart day celebration was observed on 27-09-2024 in the community health centervarapetty at 10 am. The event focused on raising awareness on heart health whivh is aligned with the theme of this year "use heart for action '. The program was inaugrated by Dr.Anila and yhe program was conducted by 4th yr BSc nursing students of Mar Baselios college. The event ended by 12:30 pm.



REPORT ON SCHOOL HEALTH PROGRAM: 30-09-2024.

A school health program was successfully conducted at Elambra L.P school on drug abuse and dengue fever. The event was conducted by the 4th yr BSc nursing students of Mar Baselios College of nursing. It was mainly focused on students health awareness incorporating entertainment programs and educational presentations. Overall the feedback from both teachers and students was positive. The program ended at 11:30 pm.



Best: Wishes

MAR BASELIOS COLLEGE OF NURSING

KOTHAMANGALAM

Volume 6 Issue 6



MBCN BITS AND BYTES

MAY - SEPTEMBER, 2024



From

Principal's Desk....

Dear Students, Faculty, and Staff,

I hope this message finds you well. As we continue to strive for excellence in our nursing programs,
I am pleased to share some important updates regarding our ongoing upgrading activities and the upcoming Quality Assurance Standards (QAS) inspection.

Our commitment to enhancing the quality of education and training we provide is unwavering. We are currently implementing several initiatives aimed at upgrading our facilities, curriculum, and resources to better serve our students and the community. These enhancements are designed to ensure that our graduates are well-prepared to meet the challenges of the healthcare environment.

In addition, we are eagerly awaiting the QAS inspection, which is a crucial step in our journey towards accreditation. This inspection will provide us with valuable feedback on our programs and practices, allowing us to identify areas for improvement and celebrate our successes. I encourage everyone to engage in this process with a positive mindset, as it reflects our collective dedication to maintaining high standards in nursing education.

Thank you for your continued support and commitment to our college. Together, we are making significant strides towards excellence in nursing education.

With warm regards.

Dr. Selliamma Kuruvila

Principal.

Mar Baselios College of Nursing, Kothamangalam

REPORT ON ROAD CLEANING PROGRAMME -18-05-24

As a part of our NSS Service, we the 5thSemester Students of MarBaselios College of nursing participated in cleaning programmein collaboration with NellikkuzhiPanchayath at Thankalamkakkanad highway on 18-05-2024, which is inaugurated



by Antony John MLA. Students got opportunity to service the community

REPORT ON SCREENING PROGRAM - 24-05-2024.

On 2th May 2024, the NSS volunteers of Mar Baselios College of Nursing, kothamangalam Conducted a Screening program on ward 8 pulikkumathumaliyil at 9: 30 am. In the program BMI ,bloodpressure and GRBS of 8 individuals were taken .The students were able to know about the health status of the individuals. The program was very effective and ended at 1 pm.

REPORT ON TUBERCULOSIS ELIMINATION CLASS: 30-05-2024

On 30th May 2024 the NSS volunteers of Mar Baselios College of nursing kothamangalam got a chance to attend tuberculosis elimination class conducted by authorities of CHC varapetty . Program started at 10 am and inaugrated by medical officer Dr Anila and class taken by Dr Jerald , the session was so knowledgefulland the session ended up at 11:45 am.



REPORT ON 'NO TOBACCO DAY': 31-05-2024

As the part of international 'No Tobacco Day 'NSS volunteers conducted an awareness program on 31st may 2024 at



varapetty CHC . The program started with an introduction regarding No Tobacco Day , thereafter the students performed flashmoband the class was taken by Dr Tom and the program was ended at $12:30\,\mathrm{pm}$.

REPORT ON AWARENESS BY MISSION RABIES: 27-05-2024.

On 27-05-2024 an awareness session was arranged for the students of 2nd semester Bsc. Nursing regarding rabies in collaboration with Mission Rabies. The education message was on dogs behavior, rabies disease, prevention of dog bite management of dog bite and control of dog population. Rabies session was informative and students were able to get and awareness regarding rabies and session was ended at 12 pm.



REPORT ON 'BLOOD DONATION DAY': 14-06-2024.

As the part of blood donation day Student Nurses Association (kerala state) in collaboration with pol-blood and kerala state blood transfusion council has organized blood donation ,30 students from Mar Baselios College of nursing participated in the blood donation program and 7 of them were eligible for donation. The program was conducted in the college by NSS union and the program ended at 1pm.



REPORT ON WEBINAR: PATHWAY TO THE USA FOR HEALTH CARE PROFESSIONALS-1-06-2024

On 1-06-2024 a webinar attended by a global audience composing nurses, doctors and pharmacist from our institute 26 faculty members and 59 final year students and the 61 outgoing batch students where attend the session. The webinar including work processing in United States and the processing. The session provided participants the necessary information and tools to processing the screening employment in a US health care sector.



REPORT ON INTERNATIONAL DAY AGAINST DRUG ABUSE - 27-06-2024

On 27-06-2024 the international day against drug abuse and illicit trafficking was commorated at 2 pm in the examination hall and organised by NSS students support and guidance programme the class was taken by P.K. Balakrishnan Nair Asst Excise officer the session was an awareness class to the students the session was ended at 4 pm and the class was very informative and effective to the students.



REPORT ON INTERNATIONAL YOGA DAY: 21-06-2024

International yoga day program was celebrated on 21stjune 2024 in Mar Baselios College of Nursing. The program begins at 8:30 am with yoga session and was conducted by Ms BinyaBenoy 5th Semester. The program was inaugrated by principal Dr.Selliamma Kuruvila and through the program it helps the students from stress, anxiety and also enhancing thier physical fitness. The program ended at 10 am.



REPORT ON DATA COLLECTION FOR PhD STUDY BY MRS NOORJAHAN CHITHRAMPALLI.: 12-06-2024

On 12th June 2024, an educational intervention on HIRA among the final year Bsc students of Mar Baselios college of nursing kothamangalam was conducted by Mrs Noorjahan assistant professor of Shanti college of nursing, calicut. The post test will provide valuable insight into the effectiveness of intervention.

REPORT ON SCREENING PROGRAM: 28-06-2024

On 28 June 2024 , our team conducted screening program at AmbattumolamAnganwadi from 9: 45am to 1 pm. In this program the students assessed bloodsugar , bloodpressure and BMI of the patients. About 15 patients where attended and the program ended at 1pm.



On 27 June 2024, our team conducted screening program at Anganwadi from 9: 45am to 1 pm. In this program the students assessed bloodsugar, bloodpressure and BMI of the patients. About 15 patients where attended and the program ended at 1 pm.



REPORT ON'ELEVATE YOUR HEALTH CARE CAREER': 27-07-2024.

On July 27 2024, entry app hosted a webinar "ELIVATE YOUR HEALTHCARE CAREER " for 4rth year BSc nursing students of Mar Baselios College of nursing and the session started at 2 pm, in the session discussed about the various OET preparation strategies and highlighted the range of available courses including both online and in personoptions and the session ended at 3pm.



REPORT ON BSC NURSING GRADUATION CEREMONY-30-07-2024

Mar baselios college of Nursing proudly hosted the graduation ceremony for 17th batch of BScnursing students on 30-07-24. This momentous occasion marked dedicated and perseverance for the graduating students.



REPORT ON COLLEGE UNION INAGRUATION – 30.07.2024

On – 30.07.2024 the new college union was inaugurated and administered the oath taking ceremony of the newly elected college union members. The newly elected Union Council Chairman assured the support of the college union in all the endeavours of the college. The college union new name has introduced "SHASTRA".



REPORT ON COLLEGE ARTS DAY CELEBRATION – 30.07.2024

On 30.07.2024 college union conducted the arts day celebration at Mar Basil Convention Centre, Kothamangalamall the students participated on each programmes. The College Arts club aims at the overall development of the students, and provide them ample



opportunity to perform cultural and literary activities. The programme is ended at 9 pm.

REPORT ON CAREER GUIDANCE SESSION BY EDUINT4U: 05-08-2024.

On August 5 2024 EDUINT4U organized a career guidance session for the students of 4rth year bsc nursing at 2pm, the class was conducted by Mr Bony Manual, during the session a clarity on career aspiration goals and experiences and insight to the career development were discussed, at the end of the session a feedback was provided by the student. The session ended at 3pm.



REPORT ON SECURE ENGLISH LANGUAGE TEST BY SKILLS FOR ENGLISH: 4-08-2024.

On August 4 2024, SKILLS FOR ENGLISH hosted a webinar from 2pm to the students of 4rth yrbsc nursing. The session focused on secure english language test and was conducted by Mr Mazhar Hassan. The students received valuable information on SELT and session ended at 3pm.

REPORT ON BREAST FEEDING WEEK-7-08-2024

As part of breastfeeding week 4th yrBsc nursing students and OBG department collaborated to organize an awareness program at MMBM hospital at 11 am the program commenced with a keynote address by Dr Muhammad Hussain and Mr Babu Mathew address the students performed a vibrant dance program and the program was interesting and ended at 12 pm.

