

anatomy of human body. It was very interested because of the 3-dimensional representation.

REPORT ON CAREER GUIDANCE CLASS-16.02.2024

A career guidance session was conducted by Mr. Jeril Cherian, Campus Manager, Institute of Health and Nursing Australia. The session was started at 3.30 pm in the class room. He given a brief introduction about the scope and opportunities of nursing professor. It was an interactive session. The students cleared the queries regarding the competitive examinations such as OET, IELTS for enrolling abroad.



REPORT ON MEDICAL CAMP-18.02.2024

On 18th of February NSS Volunteers took part in a medical camp conducted at St.Johns Syrian Jacobite Church, Chembarkuzhy from 10am to 2pm in collaboration with MBMM Hospital, Kothamangalam. The camp was officially inaugurated by Mr. Antony John, MLA of Kothamangalam. More than 150 localities came forward to take part in the medical camp. The medical camp was winded up by 2pm.



REPORT OF SCREENING PROGRAM-24.02.2024

On 24th of February as part of NSS a medical camp was conducted at the Pulikunnathumaly Anganwadi. The program aimed to promote early detection and prevention of various health conditions among residents. A total of 26 individual's participated. We also visited paralyzed patient at home. The program ended by 1pm.



REPORT ON PULSE POLIO IMMUNIZATION PROGRAM-03.03.2024

As part of Pulse Polio Immunization program NSS volunteers were assigned on different polio booths under Taluk Hospital Kothamangalam. The program started at 8 am, about 40-80 children vaccinated in each booth. The program was supervised by WHO officers of PHC.



REPORT ON WOMENS DAY CELEBRATION -08.03.2024

On 8th of march as part of women's day, we conducted an awareness program at Pulikunnathumaly Anganwadi of ward 3, Nellikuzhipanchayat. The program started at 11am with a prayer song and welcome speech was delivered by Aswathy Suresh. The dignitaries attended the program Thahira, Asha worker and Mrs Usha CDS member. The theme was 'Invest in women; Accelerate program'.



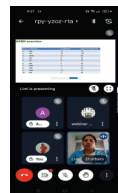
REPORT ON QUIZ PRESS ORGANIZED BY KERALA MEDIA ACADEMY -03.03.2024

On 3rd of march Kerala media organized a quiz Competition 'Quiz Press' featuring the renewed quiz master Mr.G.S Pradeep. The event took place at Kakkanad. The program started at 6pm. There were different rounds and our students representing our college participated. They returned by 9.30pm.



REPORT ON ONLINE SESSION BY ASBM EDUCATION SERVICES-18.03.2024

On 18th of march an online orientation session was organized by ASBM Education services regarding detailing the Geriatric care courses they offered. The session was hosted by Mrs. Akilal consultant of ASBM Academy, Cochin. It was about a 1 year offline course. By the students got an opportunity to clarify the doubt and session ended by 3pm.



REPORT ON SESSION BY SQUARE UP CONSULTANTS-20.03.2024

ON 20th of march a career guidance service was organized for 4th year B.sc nursing students at 4th year classroom by Square up consultant, Cochin. It was conducted by

Mr. Vinod which dealt with career counselling, admission and scholarship guidance, visa assistance, test preparation and patronal support. The session ended by clarification of doubt. They helped to fulfill the dream of students seeking international education by providing necessary assistance and support.



REPORT ON WORLD HEALTH DAY-08.04.2024

On 8th of April as part of World Health Day a program was conducted by 4th semester B.sc nursing students at Mar Baselios Dental College. The program was inaugurated by Dr. Rohini C, District Program manager of NHM also Dr. Reshmi MS, RCH officer and Dr. San Paul, Medical Superintendent at Taluk Hospital Kothamangalam conveyed the message of the day. Our students conveyed a message through a comedy skit and other entertaining program were conducted. The session ended at 1pm.

REPORT ON HEALTH CAMP FOR DIFFERENTIALLY ABLED PEOPLE-17.04.2024

On 17th of April an health camp was conducted for differentially abled people at Mar Basil convection center, Mar Thoma Cheriya Plalli. The program was conducted by MBCN and IMA collaborated. The participants were 2020 and 2019 batches students. There were presence of HG Aliyas Mar Youlious Metropolitan and Rev. Fr. Jose Parethuyail. The session was ended by 4pm. It was coordinated by Mrs. Mini Varghese Asst. professor and Mrs. Chinchu John, Asst. lecturer.

REPORT ON HEALTH EDUCATION OF CARDIAC ARREST AND ITS FIRST AID-21.04.24

On 21st of April an health education program was organized by department of AHN in association with Vincent DE Paul Society Unit and KCYM, St. Joseph's church, Perunguzha. The program started by 8am at parish hall of St. Joseph Church, Perunguzha. We organized an educative session along with a work station to deliver both awareness and hand on experience. The students of 4th year B.Sc. nursing played a theme based skit.



REPORT ON VISIT BY STUDENTS FROM NIAGRA COLLEGE, CANADA-30.04.2024

On 30th of April 20 students from Niagara college visited the campus and medical camp organized by our college as part of International field study with NAIM OF 'Be World Ready'. They came by 9.30am and they visited the medical camp at Nellikuzhi community hall. Some entertainment program was also organized by students. They left college by 2.45pm.



REPORT ON MEDICAL CAMP-30.04.24

On 30th of April in collaboration with Nellikuzhipanchayat, our college organized and conducted a medical camp at Chirappady, community hall. The main guidance was given by Mrs. May Elizabeth John and Mrs. Chithra M. The camp was started at 9am and about 82 people utilized the services. We arranged different stations and health education was also given. Our camp was visited by students of by Niagara college, Canada to see the services provided and its functioning. The camp ended by 1pm.



REPORT ON INNOVATIVE NURSING EDUCATION-01.05.2024

ON 1st May an innovative education program was organized by Inscoll at Nippon mall, Palarivattam. The session started at 9.30am and was taken by Mrs. Sarah Mc Grown and Kristina Nelson, nursing educators of Niagara College Canada. The session mainly focused on stimulation learning, Shadow health, Hearing voices. Ten students representing our college visited and attended the class. The seminar concluded at 1pm.



REPORT ON WORKSHOP OF CPR AND AED-09.05.2024

On 9th of May a workshop on CPR and AED was conducted at Nippon Mall, Palarivattam with the aim of equipping participants with lifesaving skills. The workshop was organized by Inscoll and was facilitated by certified trainers Mr. Vishnu and Mrs. Divya from there academy as part of 'International Nurses Week'. The session started at 10.30am and there were 6 sessions of demonstration and mock test. The session ended by 3pm. It was valuable and interesting.



MAR BASELIOS COLLEGE OF NURSING

KOTHAMANGALAM

Volume 5
Issue 5



MBCN BITS AND BYTES

JANUARY – JUNE, 2024

NEWS LETTER



From Principal's Desk....

Dear Students,

It is with great pleasure I welcome you to the fifth volume of our college newsletter. I hope this message finds you well. As we navigate through another academic year at our esteemed nursing college, I wanted to take a moment to express my gratitude for your leadership and dedication to our institution.

In this newsletter, we have highlighted some of the activities and accomplishment's that we have achieved and conducted during last year. Your passion for nursing education is evident in everything you do, and we are fortunate to have you at the helm of our institution.

I am pleased to inform you that our nursing college will be undergoing a Quality Assurance and Standards (QAS) inspection in the future. I am full confident in our dedicated faculty and staff who work tirelessly to ensure that our students receive the best possible education and practice

As we continue to uphold the highest standards of nursing education and practice, I want to thank you for your tireless efforts in ensuring that our college remains a beacon of knowledge, compassion, and innovation in the healthcare industry.

Thank you for your continued support, encouragement, and belief in our collective ability to make a difference in the world of healthcare. We look forward to another successful year under your leadership.

Once again, I extend my heartfelt thanks to all the contribution, newsletter team and everyone involved in bringing this volume.

With warm regards,

Dr. Selliamma Kuruvila

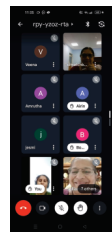
Principal.

Mar Baselios College of Nursing, Kothamangalam



REPORT OF WEBINAR – 05.01.2024

The meeting started at 8.30 am with a silent prayer. Dr. SelliammaKuruvila, Principal, Mar Baselios College of Nursing, Kothamangalam welcomed the gathering the session was started by Dr. Rejimini. He gave emphasize to a system approach to safe and quality care, consider human factors and safety designs to present patient safety incidence as well as handle patient safety related incidence in timely manner.



REPORT OF SPEAK FOR INDIA: DEBATE COMPETITION – 08.01.2024

Speak for India debate competition was held on 08.01.24 at 9.30 at MA College in association with Mathrubhumi and Federal Bank. The topic was “Women Reservation is must for Women Empowerment”. About a total of 60 students were participated in the competition.



REPORT ON NATIONAL TRAUMA AWARENESS CAMPAIGN – 20.01.2024

On 20.01.2024, department of Oral and Maxillofacial Surgery MBDC, has arranged a session on the topic ‘National Trauma Awareness Campaign’ in association of oral and maxillofacial surgeons of Kerala, in the smart class room of MBCN. Three BDS students also accompanied them for the class.

REPORT ON CAREER DEVELOPMENT SESSION ORGANIZED BY MILWAUKEE ACADEMY – 22.01.2024

A professional grooming session was organized by the Milwaukee Academy on 22.01.2024 for the final year B.Sc. Nursing students. The programme was started with a welcome speech by Mr. Lalson Thomas, Senior Faculty, Milwaukee Academy. The session was concluded by selecting 2 lucky persons from the group by taking lot and they were awarded with a cash prize of Rs. 500/-. They



welcomed the students whole heartedly to their institution and the session ended by 4 pm.

REPORT ON A SESSION BY MAX MELDON ACADEMY – 23.01.2024

A career guidance class was organized on 23rd January 2024 by Max Meldon Academy for the final year B.Sc. Nursing students. The session was dealt by Mrs. Jancy, Clinical Psychologist and Career Counselor. The session was very interactive. More than that she explained about the scope of nursing in Germany and various elements provided by the German Government and also about the options of Higher studies in Germany.



REPORT ON A SESSION BY LET’S UPDATE LANGUAGE ACADEMY – 24.01.2024

A career guidance class was organized by let’s Update Language Academy, Edappally on 24.01.2024 for 4th year B.Sc. nursing students. They introduced the institution and gave orientation regarding OET.

REPORT ON A SESSION BY AJINORAH INSTITUTION – 25.01.2024

A career guidance class was organized by Ajinorah Institution on 25.01.2024 for 4th year B.Sc. Nursing students. The session was dealt by 3 resource persons Mr. Arun, Mr. Jerin and Mrs. Dina. The session is started with orientation of various courses offered by Ajinorah Institution such as IELTS, OET, CBT, HAAD, DHA, MOH, PTE, BLS, ACLS, PROMETRIC, NCLEX-RN and communicative English.

REPORT OF REPUBLIC DAY CELEBRATION – 26.01.2024

We, Mar Baselios College of Nursing have celebrated the republic day on 26.01.24. The programme was started with welcome speech followed by flag hoisting. Flag hoisting was done Mr. Sunny M.M., Secretary, MBCN. He had given a felicitation associated with Republic day. Students presented their ideas with a beautiful patriotic song.



A REPORT ON ONE DAY STAFF TOUR – 26.01.2024

Mar Baselios College of Nursing, Kothamangalam organized a one day staff tour to Ezhattumugham on 26th January 2024. Around 35 teachers and 4 family members were a part of this tour and bus started from College campus at 8.30 am.



REPORT ON A WORKSHOP ORGANIZED BY INSCOL – 27.01.2024

A workshop was organized by INSCOL, in regarding “Therapeutic Communication” for 4th year B.Sc. nursing students. The session was conducted by Mr. Anandu Raghu, Nurse Educator and he discussed regarding the various aspects of therapeutic communication definition, goals, principles, phases, barriers and techniques.



REPORT ON SESSION BY MEDCITY INTERNATIONAL ACADEMY – 29.01.2024

A career guidance session was organized by Medcity International Academy for fourth year B.Sc. nursing students on 29.01.2024. They have their branches all over Kerala to train OET, IELTS, German and PTE. The institution offers both offline and online classes.

REPORT SCREENING PROGRAMME – 30.01.2024

NSS volunteers organized a screening of blood pressure and blood sugar programme on 30.01.2024 at Pulikunnathumaliyil Anganvadi, Nellikuzhi Panchayath Ward VIII. The camp commenced at 10 am, led by NSS volunteers. A total of 14 individuals participated in the programme.



REPORT ON SESSION BY TRIME WORLD EDUCATIONAL CONSULTANCY – 30.01.2024

An interactive session was organized by Trime World Educational Consultancy for 4th year B.Sc. nursing students on 30.01.2024. The session was started with the introduction about the academy. They have services like recruiting the students to



Germany, Malta and Qatar. It was a very informative session and our student an idea about more opportunities in Qatar and Germany

REPORT ON THUNITOTTIL -01.02.2024

On 1st February 2024, a programme to handover old clothes to St. Johns Orphanage was conducted on third year class room. Father of the orphanage and board members of college including principle attended the programme. It was conducted under the guidance of college union and Mrs. Amuritha H Radhakrishnan.



REPORT ON AWARENESS OF VIOLENCE AGAINST WOMEN SESSION – 01.02.2024

On 1st February 2024, a class on awareness of violence against women and its related law was organized on behalf of internal complaint committee, at the College exam hall. The Chief Guest of the session was Advocate K. Radhakrishnan, TLSC Kothamangalam. The session was started around 2.15 pm with a prayer song by College choir.



REPORT ON CONGESTIVE CARDIAC FAILURE : RECENT ADVANCEMENT IN MANAGEMENT AND IMPLICATION OF NURSING CARE – 02.02.2024

An online session regarding congestive cardiac failure: recent advancement in management and implication of nursing care organized by adult health nursing department on 02.02.2024 by Mrs. Sandhra Thekkumthala, a certified Nurse Practitioner in Adult Health, Cardiology HP, Heart transplant/heart failure service in USA. The session was started at 8 am with a silent prayer.

REPORT ON QUIZ COMPETITION WS CONDUCTED BY NEETHU’S ACADEMY – 02.02.2024

On 2nd February 2024, a quiz competition was conducted by Neethu’s Academy regarding current affairs, general knowledge and nursing aspects. They had conducted the session by 9 am and lasted till 10 am. The competition was conducted in three rounds and the winner was selected.

REPORT ON SPEAK FOR INDIA DISTRICT LEVEL DEBATE COMPETITION – 08.02.2024

District level speaks for India debate competition 2023.24 was held in Newman College, Thodupuzha on 8th February 2024 in association with Mathrubhumi and Federal Bank. The block level winners of 37 candidates were invited to district level competition and seven students were participated from Mar Baselios College of Nursing, Kothamangalam. The students were got participation certificate and programme was winded up by 4 pm.



REPORT OF STHREE SURAKSHA AWARENESS (SELF DEFENCE AGAINST FOR WOMEN) – 09.02.2024

A session on Sthree Suraksha Awareness was organized on 09.02.2024 as a partial. Student welfare programme by Police department of Ernakulam District Rural Police and Janamithri Police Kothamangalam. The session started at 10 am with prayer by MBCN chori and Mrs. Bincy P. Augustine, Asst. professor welcomed the gathering. The inauguration of the session was by Mrs. Sindhu and Mrs. Ambili M.M.



REPORT ON A SESSION BY ECG INTERPRETATION – 16.02.2024

A seminar on ECG interpretation was done on 16.02.2024 organized by Adult Health Nursing Department. The seminar was taken by Mr. Jeril Cherian, Campus Manager, Institute of Health and Nursing Australia, Kochi. The session was very interested with a live representation with various picture.

REPORT ON A SESSION BY VIRTUAL REALITY – 16.02.2024

A seminar on virtual reality regarding anatomy was conducted on 16.02.2024 by Mr. Jeril Cherian, Campus Manager, Institute of Health and Nursing Australia. It was organized by Adult Health Nursing Department. The session was based on

