

## REPORT ON CONDUCT OF EXHIBITION OF AV AIDS – 14.02.2023

On February 14th 2003, 4th year B.Sc. Nursing students organized an exhibition on AV aids in college as part of Nursing Education practicals under the guidance of Mrs. Noble Kuruvilla (Subject in-charge) and Mrs. Chithra M. The exhibition was inaugurated by Dr. Selliamma Kuruvila, Principal, MBCN. The exhibition involved presentation of exhibits based on the classification as – Audio visual and combined aids.



## REPORT ON WEBINAR CONDUCTED BY PEAR ACADEMY – 15.02.2023

On 15.02.2023, at 5.00 pm, a webinar was conducted by Pear Academy on the topic “How to Crack OET”. The introduction was given by Mrs. Daljit Rao and the removing session dealt by Mrs. Soumya Chandran. They discussed about different modules of OET and given certain activities to solve.



## REPORT ON CAREER GUIDANCE CLASS BY DR. GERMAL AND MAX MELDEN STUDY ABROAD – 17.02.2023

On 17.02.2023, a career guidance class was conducted by Dr. German and Max-Melden study abroad. The session was dealt by Mrs. Jancy with her team member. Initially she explained about the Germany and the benefits provided by the German Government to the nurses such as maternity leave, low living cost, salary packages, permanent residence, working hours, job safety etc. She explained about their institution which provides opportunities like German Language training, job



## ലോകമാതൃഭാഷാദിനം റിപ്പോർട്ട് – 21.02.2023

‘ഫെബ്രുവരി 21 ലോകമാതൃഭാഷാദിനം’ മാർ ബസ്സേലിയോസ് നേഴ്സിംഗ് കോളേജ് യൂണയൻ കൗൺസിലിന്റെ നേതൃത്വത്തിൽ ഫെബ്രുവരി 21 മാതൃഭാഷാദിനമായി ആഘോഷിച്ചു. അതേ ദിവസം ഉച്ചയ്ക്ക് 2 മണിക്ക് കുടിയ യോഗത്തിൽ മാതൃഭാഷയുടെ പ്രാധാന്യത്തെക്കുറിച്ച് മെഡിക്കൽ സർജിക്കൽ ഡിപ്പാർട്ട്മെന്റ് അസ്സി. പ്രൊഫ. ശ്രീമതി ദിവ്യ ജോർജ്ജ് കുട്ടികൾക്ക് സന്ദേശം നൽകി. തുടർന്ന് മാതൃഭാഷയെ അസ്പദമാക്കി ഒരു പ്രസംഗ മത്സരവും നടന്നു. എല്ലാ വർഷങ്ങളിലും പഠിക്കുന്ന കുട്ടികൾ പങ്കെടുത്ത മത്സരം മാതൃഭാഷയുടെ ആവശ്യകത യുവജനങ്ങളിൽ എങ്ങനെ വളർത്താം എന്ന ആശയത്തിൽ ആയിരുന്നു. പ്രസംഗമത്സരത്തിൽ ഒന്നാമത് വന്ന കുട്ടികൾക്ക് പ്രിൻസിപ്പാൾ ശ്രീ. സെല്ലിയാമ്മ കുരുവിള മാഡം സമ്മാനങ്ങൾ നൽകി.



## REPORT ON MEDICAL CAMP – 21.02.2023

In collaboration with Kuttampuzha FHC and our NSS unit of Mar Baselios College of Nursing organized and participated in the medical camp in 21 February 2023, NSS volunteers from 2nd year B.Sc. nursing were participated in the camp. We visited the Pinavoorkudi Anganwadi at 9.30 am. The team members includes the Medical Officer, Junior Public Health Nurse, Lady Health Inspector and Anganwadi teacher and 2 teachers (Mrs. Mary Elizabeth John and Mrs. Aimy George) guided by NSS volunteers. Dr. Anoop the Medical Officer gave as a brief introduction about the medical camp.



## REPORT OF ALUMNI : CONDOLENCE MEETING – 22.03.2023

A meeting was arranged by the Alumni Association of MBCN on 22.03.2023 for sharing the condolences to Mr. Sujith Alias, the first batch student of MBCN on his unexpected demise followed by an accident. The meeting commenced at 11.30 am with a silent prayer and Mrs. Mini Varghese, Secretary of MBCN Alumni Association welcomed the gathering.



## BEGINNING OF THE SABHALAM HOUSE PROJECT

All NSS volunteers took initiation for a new project which titled as Sabhalam House Project for the welfare of one of the family member of our institution. They took so much pair for starting of project. we decided to construct a house on 24.02.2023 in the presence of our Church Priest Rev. Fr. Aliyas Poomattathil at Inchoor Panchayath.



## FUND RAISING PROGRAMME – 26.02.2023

As a part of fund raising for our Sabhalam House Project our NSS volunteers set up for different stalls like Baji, fresh juice, ice cream and snack counter at Mar Thoma Cheriapally Auditorium in association with Kalasandhya music programme. At the same time the volunteers collected money from the public through distributing coupon. We could collect a good amount of money through this programme.



## WONDERLA TRIP OF 2nd YEAR B.Sc. NURSING – 28.02.2023

On 28.02.2023, one day trip to Wonderla was conducted by 2nd year B.Sc. Nursing students of MBCN. The trip was started at 5.45 am from the College with 49 students, 3 teaching staff and one nonteaching staff.

## INTERNATIONAL WOMEN'S DAY CELEBRATION – 08.03.2023

The International Women's Day was celebrated in MBCN on 08.03.2023 at 9.30 am, organized by 1st semester B.Sc. (N) students. The formal programme convened followed by a flash mob by students, the inaugural address was delivered by Dr. Selliamma Kuruvila, Principal. The students representative presented a session on women's day theme revealing the various areas of women empowerment and a quiz competition was conducted for the audience with reference to women day celebration.



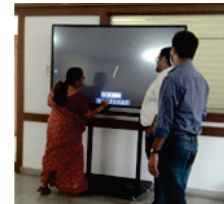
## KIDNEY DAY OBSERVANCE – 10.03.2023

Third semester B.Sc. (N) students (2021-22 batch) have observed World Kidney Day 2023 by creating a documentary film 'Cool Beans', which was officially launched by the Principal Dr. Selliamma Kuruvila, on 10.03.2023. The video was a combined visual treat of entertainment and informative sessions. In addition to that a quiz competition was conducted and the winners were awarded.



## REPORT ON DEMO OF INTERACTIVE PANEL BY SPECKTRON – 15.03.2023

On 15.03.2023 there was a demonstration of interactive panel by Specktron Officials at 1.00 pm in the Conference Room. They demonstrated and explained the uses and techniques of a Android Digital Panel, it has almost all applications for common presentation and complete media players with playback of videos or voices. They explained that specktron digital panel has a powerful large screen display and an option for wireless mirroring for computers and mobile phones.



## FUND RAISING FOR NSS UNIT – 21.03.2023

Our NSS volunteers and teachers organized and conducted 'banana fry challenge' on 21.03.2023 for raising fund for our NSS activities.



## REPORT OF WORLD TUBERCULOSIS DAY OBSERVANCE – 24.03.2023

World Tuberculosis day observance was conducted on 24.03.2023 in Indian Medical Association Hall at Kothamangalam which was organized by District Tuberculosis Centre. Many official members were present for the programme. The official function was started at 10.30 am. Dr. Sharath G. Rao (District Tuberculosis Officer) welcomed all which is followed by Presidential address by Mr. K.K. Tomy, Municipal Chairman, Kothamangalam. Our MLA Shri. Antony John inaugurated the function. Every one took pledge to prevent tuberculosis. The theme of the day was 'yes we can end TB'.



# MAR BASELIOS COLLEGE OF NURSING

KOTHAMANGALAM

Volume 3  
Issue 3



NEWS LETTER

# MBCN BITS AND BYTES

JANUARY –JUNE, 2023





## From Principal's Desk....

Dear Students,

It is with great pleasure I welcome you to the third volume of our college newsletter. I hope this message finds you in good health and high spirits.

I am delighted to see the progress and growth that our nursing college has achieved over the past months. The dedication and hard work of our faculty and students, along with the constant support of our management, have contributed to the success we have achieved so far.

In this newsletter, we have highlighted some of the incredible accomplishments of our nursing students who serve as an inspiration to current students on their career path. From academic achievements to community service initiatives, each story reflects the passion and commitment that our students bring to their nursing education.

As we venture into the next academic year, I encourage each of you to continue striving for excellence and making a positive impact in the field of nursing.

I am excited to witness the continued growth and achievements of our nursing college. Remember, success comes from hard work, perseverance, and a genuine desire to make a difference in the lives of others.

Once again, I extend my heartfelt thanks to all the contributors, the newsletter team, and everyone involved in bringing this volume.

With warm regards,

**Dr. Selliamma Kuruvila**

Principal.

Mar Baselios College of Nursing, Kothamangalam



## 02.02.2021 OBSERVATION OF WORLD CANCER DAY

On 03.01.2023 a pharmacology exhibition was conducted by 2nd year B.Sc. Nursing students in examination hall. The programme was started with a prayer song and the programme was inaugurated by Dr. Selliamma Kuruvila, Principal of MBCN along with all teaching staff. There were various groups which were given with 9 topics based on various system



## REPORT OF WATER TREATMENT PLANT VISIT – 05.01.2023

Community Health Nursing Department organized a field visit to water treatment plant, Kothamangalam. As a part of our curriculum 58 students of 2nd year B.Sc. Nursing joined the visit under the guidance of teaching faculty. We were welcomed by Mr. Suresh Kumar, Chief Operator and gave us a brief introduction about the infrastructure and working setup of the treatment plant.



## REPORT OF AIDS UNIT VISIT – 05.01.2023

Community Health Nursing Department organized a visit to AIDS Unit, Taluk Hospital, Kothamangalam. Fourth year B.Sc. students visited the AIDS unit. The session was led by Project Officer Mr. Lijo. He explained different aspects of AIDS, Diagnostic measures, treatments and preventing measures, different schemes for the HIV positive patients.



## REPORT ON VISIT TO MILK PROCESSING UNIT (JEEVA MILK) – 13.01.2023

As a part of 2nd year B.Sc. Nursing Community Health Nursing requirement. We visited Jeeva Milk Production Unit, Pareekkanni. Students were guided by teaching faculty (Mrs. Chithra M. & Mrs. Aimy George). The orientation about the milk unit was given by Fr. Jose Moorkattil (Executive Director). Along with video assistance he explained the overall functions of the unit. Students could observe in detail the various steps involved in the processing of milk.



## REPORT ON VISIT TO MEAT PRODUCTS OF INDIA (MPI) – 19.01.2023

Community Health Nursing Department organized a field visit to Meat Products of India (MPI) Koothattukulam. Students were guided by teaching faculty Mr. Chithra M. and Mrs. Aimy George. The orientation about the meat unit was given by Dr. Ajeesh Mathew, Production Manager of MPI. MPI is an initiative taken by Kerala Government for the production of quality meat products. Students got an idea about various techniques and procedures of meat production.

## FREE BLOOD PRESSURE CHECKING CAMP REPORT – 20.01.2023

The University Union Council of Mar Baselios College of Nursing organized a free BP checking camp for the general public on 20.01.2023 (Friday) in collaboration with the NSS team of the College. This was the first event initiated by the Union Council members in the new year 2023. The Union members obtained sanction from Nellikuzhi Panchayath and on the same day the ward member Mr. K.K. Nazar inaugurated the function.



## REPORT ON CAREER GUIDANCE CLASS – 23.01.2023

A career guidance session held by Mr. Amal, reputed managing director of MED HEALTH CAREERS, for 4th year B.Sc. nursing students. As a beginning he explained in detail about the requirements that are essential to acquire OET exam like the modules and score etc. He also explained about the difference between an OET and IELTS. The difference in living style and expenses were explained in details between the Northern Ireland and other areas of UK.



## REPORT ON REPUBLIC DAY – 26.01.2023

On 26th January (Thursday) Republic Day was celebrated at the courtyard of MBCN in the presence of Management Members, Vice Principal, Teaching Staff and students. The programme was co-ordinated by National Service Scheme volunteers. At 8.30 am, the programme was started with a prayer song and welcome speech. After enriching us with a Republic Day message Mr. Babu Mathew Kaippillil, Board Member, MBMM Association hosted the flag and all the students sang the National Anthem. As a token of love towards our Nation. II semester B.Sc. Nursing students sang the patriotic song.



## PARTICIPATION IN “ANVESHAN” – STUDENT RESEARCH CONVENTION BY AIU (ASSOCIATION OF INDIAN UNIVERSITIES) – JANUARY 2023

As per the request by AIU, we participated in “ANVESHAN” a student Research Convention. The conventions purpose is to identify and nurture research talents among young researchers in the country every year. Abstract was send on a phenomenological study conducted by a group of 3rd year students on “apprehensions of elderly in Ernakulam District, Kerala”. The objective of study was to explore worries and requisites of elderly and develop strategies for NSS volunteers to traverse the issue. The major themes derived from study were loneliness, physical and psychological well being, impact of support system and financial perspectives.

## REPORT ON EDUCATIONAL VISIT – ASTER MEDCITY – 30.01.2023

As a part 4th year B.Sc. nursing, Management of Nursing Services and Education requirement, visited Aster Medcity, Cochin on 30.01.2023. we started from our College at 7.30 am and reached there at 9.15 am; with 57 students and accompanied by two teaching staffs, Mrs. Jesmi Skaria and Mrs. Aimy George. After reaching there, the students were divided into several groups consisting of 10 members and each group were guided by staff nurses from Quality and Education Department and they made oriented regarding the physical structure of Aster Medcity. After the orientation, by 12.00pm, Captain R. Thankan, Chief Nursing Officer of Aster Medcity gave a class according to the visit objectives in knowledge hub on 2nd floor.

## REPORT ON IN-SERVICE EDUCATION – 01.02.2023

As a part of 4th year B.Sc. Nursing, management of nursing service and education requirement, organized an in-service education programme. An appropriate topic was chosen after several sessions of discussions with Nursing Superintendent, Nurse in-charges and staff nurses, as per their need. Prior permission was taken from the concerned authority to organize the in-service education programme.



## REPORT ON OET CLASS – 03.02.2023

On 3rd February an OET class was held by Trinity Language Centre at 2.30 pm in our College smart class. The session held by Ms. Dooby Varghese OET expert. She explained in details about their institute as they often specialized languages training along with translation and interpretation. Services and often language training at all levels. They presented the PPT regarding the OET modules and scoring.



## REPORT ON STAFF TOUR – 04.02.2023

A staff tour was conducted to Vagamon on 04.02.2023. The chief advisors for the tour were Dr. Selliamma Kuruvila, Principal, MBCN, and Mrs. Airin C. Poullose, Vice Principal. The tour conveners were Mrs. Chithra M. and Mr. Eldhose Suresh. Prior to tour committees were formed for collecting money, organizing tour, food & water, recreation, first aid, photo and transport. College bus was arranged for trip. 27 staff members participated in tour.



## REPORT ON WORKSHOP CONDUCTED BY INSCOL – 07.02.2023

On 7th February 2023 a workshop was conducted on the topic “Therapeutic Communication Among Nurses” by INSCOL, at 2.30 pm. The class was taken by Mrs. Revathy, Nurse Educator and accompanied with a team members Mr. Sarbawal, Director of INSCOL and Mr. Anandhu was also present.



## REPORT ON LEPROSY CENTRE VISIT – 08.02.2023

As a part 4th year B.Sc. Nursing Community Health Nursing 2nd requirements, 57 students joined the visit under the guidance of 2 teaching staffs to Gandigram Govt. Hospital of dermatology, Thrissur on 08.02.2023 we were welcomed by Nursing Superintendent Mrs. Lali. A brief class was conducted by Mrs. Lali, Nursing Superintendent and a detailed class was taken by Mrs. Davis NMS Taluk Hospital Chalakudy.

